



MEDICATIONS which INTERFERE with ALLERGY SKIN TESTS

Certain over-the-counter prescription medication contain ingredient which affect allergy skin tests. Check labels of all medications you are using (including eye drops and nasal sprays) to determine whether your medication contains any ingredient listed below. For questions regarding ingredients contact your pharmacists. The medications listed must be held for at least the amount of time indicated prior to allergy skin tests.

The following **EYEDROPS** must be held at least **7 days** prior to tests:

Pataday, Patanol, Optivar, Zaditor, Alaway, Elestat, olopatadine, Azelastine, ketotifen, Epinastine

Pheniramine (e.g. Visine Allergy Eye Drops) must be held for **≥ 48 hrs** prior to tests

The following **NASAL SPRAYS** must be held for **≥ 7 days** prior to tests:

Astelin, Astepro, Azelastine, Patanase, Olopatidine

<u>ORAL MEDICATIONS</u>	<u>Minimum time to be held prior to allergy skin tests</u>
Benadryl diphenhydramine (allergy medications and non prescription sleep aids)	48 hrs
Doxylamine pyrilamine pheniramine (in allergy, cold and sinus preparations)	48 hrs
Phenergan promethazine (in prescription cough syrups and anti-nausea)	48 hrs
Periactin cyproheptadine (appetite stimulant and other uses)	48 hrs
Meclizine dimenhydrinate Antivert Bonine Dramamine (motion sickness)	48 hrs
Ranitidine famotidine nizatidine (indigestion, heartburn medications)	48 hrs
Chlor-Trimeton chlorpheniramine (in allergy, cold, and sinus preparations)	5 days
Tussionex cough syrup (contains chlorpheniramine)	5days
Zyrtec Xyzal Atarax Vistaril Cetirizine Levocetirizine hydroxyzine (allergy & itch)	5 days
Loratidine (in nonprescription allergy medications including claritin and alavert)	7 days
Fexofenadine Allegra Clarinex Desloratidine Brompheniramine Brovex Lodrane	7 days
Remeron mirtazapine (treatment od pain, depression, appetite stimulant)	7 days
Tricyclics (headache, neuralgia, other chronically painful conditions ; doxepin also used for itch)	7 days
Amitriptylin Elavil imipramine Tofranil	
Doxepin, Sinequan, Pamelor nortriptyline	10 days

Psychotropic- **Zyprexa, Cholrpromazine, Thorazine, perphenazine, Clozaril clozapine** may affect allergy tests. These medications should not be modified except by instruction of the prescribing physician. Please notify clinic in advance of your appointment if you are taking these medications.

If you are taking medication with antihistamine effects which cannot be stopped because of the severity of your condition or any other reason, continue taking the medication and let the clinic know in advance of your initial visit. In most cases, alternative medications which will not affect skin tests can be provided at the time of your initial clinical visit with skin testing postponed for a subsequent appointment